



EST EST ALEA

## DINNER MENU - FEBRUARY / MARCH 2019

**R 695 per person excluding gratuity (Charged at a discretionary 8%)  
Other than plant based alternatives, the entire menu is plant based.  
Wine pairing option available at R350 per head (minimum 4 wines & a dessert wine served)  
Water R40 per bottle.**

Available Tuesday to Saturday dinner,  
Recommended duration: 2.5 hours. Doors open at 19H00 for dinner (last reservation is 20h00). We indicate times as a guideline but these are not definitive.

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### DRUNKEN FIST

Lychee. Aperol. Charcoal.

### AERATE

Sesame sponge. Soy foam.

### BURNT

Beetroot. Leek. Black garlic. Parmesan.

### FROM DUST

Tomato onion 'cookie dough'.

### LOLLY

Chips with sour cream & chives.

### THEN POP

Thai green curry sphere. Chevro.

(Wine pairing: MCC)

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### STAPLES

Corn bread. Blackened corn. Popcorn.

### STREETFOOD

Okonomiyaki. Prawn. Asian BBQ. Lobster.  
V - Roasted vegetables and vegan okonomiyaki.

(Wine pairing: White Blend)

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### MY FAVOURITE SNACK

Tomato. Cucumber. Red onion.

### SMOKE SIGNALS

Smoked eisbein. Pork belly. Chicken 'bacon'. Grilled aubergine. Satay.  
V - Tempeh. Aubergine. Satay. Cashew. Sweet potato.

(Wine pairing: Pinot Noir)

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### TROPICAL BEACH

Mango. Mint salsa. Mango ice.

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### MORE RUSTIC

Braised beef shin. Grilled fillet. Pumpkin seed praline. Paprika. Mushroom.  
V - Mushroom seitan. Kuri pumpkin. Mongolian BBQ. Pumpkin seed praline. Assorted mushrooms.

(Wine pairing: Red Blend)

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### THE BERRIES

Raspberry paper. Blueberry pastille. Blackberries. Black pepper. Chickpea meringue.

### CHEWY STUFF

Dry toffee shot

### FROM THE BEES KNEES

Lucuma ice cream. Honeyed banana rusk. Honey comb. Honey wine syrup. Bee pollen.  
V - Everything but the bees!

(Wine pairing: Noble Late Harvest / Mead)

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### HOT CHOCOLATE

Chilli chocolate bomb.

\*Ingredients and wines may differ - subject to availability.

(V) Plant based options available as alternatives for those who are vegetarian or vegan.

We are unable to cater for dietary preferences.

We are unable to accommodate a garlic, or onion free menu, or a menu completely free of sugar, gluten intolerances.

Allergies must be informed of 24 hours in advance.



EST EST ALEA

## SATURDAY LUNCH MENU - FEBRUARY / MARCH 2019

**R 550 per person excluding gratuity (Charged at a discretionary 8%)**

**Other than plant based alternatives, the entire menu is plant based.**

**Wine pairing option available at R250 per head (minimum 3 wines & a dessert wine served)**

**Water R40 per bottle.**

*Available Saturday Lunch,*

*Recommended duration: 2 hours. Doors open at 13H00 for lunch (last reservation is 14h00). We indicate times as a guideline but these are not definitive.*

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### DRUNKEN FIST

Lychee. Aperol. Charcoal.

### BURNT

Beetroot. Leek. Black garlic. Parmesan.

### FROM DUST

Tomato onion 'cookie dough'.

### THEN POP

Thai green curry sphere. Chevro.

### STAPLES

Corn bread. Blackened corn. Popcorn.

*(Wine pairing: White blend)*

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### SMOKE SIGNALS

Smoked eisbein. Pork belly. Chicken 'bacon'. Grilled aubergine. Satay.

**V** - Tempeh. Aubergine. Satay. Cashew. Sweet potato.

*(Wine pairing: Pinot Noir)*

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### TROPICAL BEACH

Mango. Mint salsa. Mango ice.

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### MORE RUSTIC

Braised beef shin. Grilled fillet. Pumpkin seed praline. Paprika. Mushroom.

**V** - Mushroom seitan. Kuri pumpkin. Mongolian BBQ. Pumpkin seed praline. Assorted mushrooms.

*(Wine pairing: Red blend)*

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### THE BERRIES

Raspberry paper. Blueberry pastille. Blackberries. Black pepper. Chickpea meringue.

*(Wine pairing: Noble late harvest)*

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### HOT CHOCOLATE

Chilli chocolate bomb.

*\*Ingredients and wines may differ - subject to availability.*

*(V) Plant based options available as alternatives for those who are vegetarian or vegan.*

*We are unable to cater for dietary preferences.*

*We are unable to accommodate a garlic, or onion free menu, or a menu completely free of sugar, or gluten intolerances.*

*Allergies must be informed of 24 hours in advance.*